



Clubs in Motion
 Moving Ourselves While Making Change
(Bring walking shoes!)



FAWCO Region 5 in Munich
 10th-12th November 2017

FRIDAY EVENING

When	What	Where
17:30	Registration	MotelOne Lobby
18:00	Depart hotel for Dinner	MotelOne Lobby
19:00	Welcome Drink and Dinner, Club Introductions	Der Pschorr

SATURDAY

When	What	Where
9:00	Registration Desk Open	Peace Church
9:30	Meeting:	Peace Church
	MIWC Welcome Remarks	
	FAWCO Welcome Remarks	
	Intro to FAWCO	
	FAWCO Website in Brief	
	FAWCO Foundation	
	DGs and EAs - What Who How	
10:45 - 11:15	Coffee Break and Fundraiser	
	Target Project	
	Club Session	
13:00	Lunch (self pay)	Café Mozart
	Free Afternoon or Choice of tours:	
TBD	Altstadt Walk and Talk	TBD
14:30	Munich and the Third Reich	Marienplatz
15:30	Lenbachhaus with Alex Koch	Königsplatz
18:00	Dinner and Show (self pay)	Hofbräuhaus Festsaal

SUNDAY			
When	What	Where	
9:00	Gather at Kuenstlerhaus	Lenbachsaal @ Kuenstlerhaus	
9:30	"Steps Toward Health: Personal Journeys" a panel discussion with Monika Bock, Marisa Werner and Kirsten Kummert		
10:30	Coffee Break		
11:00	"Less is More: De-Clutter for Health and Happiness" with speaker Julie Leonard		
11:45	Club Session		
13:00	Depart for Lunch		
13:30	Lunch (self pay)		L'Osteria

Venues and Restaurants

Motel One Sendlinger Tor (Herzog-Wilhelm-Straße 28)

Centrally located and reasonably priced, this hotel is ideal for our regional conference. Located near Sendlingertor, it is easily accessible from the Central Station via UBahn and from the airport via SBahn. It also has a fabulous lobby/bar area for socializing. Room rates excluding breakfast are 79€ single and 94€ double. Breakfast is available for 9,50€. Twenty doubles and 20 singles are blocked for us until September 29th under Keyword: **FAWCO Region 5**

Please note: per MotelOne policy, you must **email** to reserve one of the blocked rooms. Reservations made via phone or website will have the same rates if rooms are available.

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Peace Church (Frauenlobstraße 5)

The lower level room of the Peace Church is the location of the MIWC's monthly general and business meetings. Welcoming and casual, it is a gathering spot certain to put everyone immediately at ease.

Künstlerhaus (Lenbachplatz 8)

Charming and bright, the Lenbachzimmer the Künstlerhaus is part of an architectural gem. Designed in a neo-Renaissance style by Gabriel von Seidl, the Künstlerhaus opened in 1900 as a gathering place for Munich artists. It remains a vital arts center as well as meeting venue.

Der Pschorr (Viktualienmarkt 15)

A short walk from the hotel on the famous Viktualienmarkt, Der Pschorr is a Munich destination. We will enjoy bio-quality Bavarian specialties in our private beer cellar. Dinner, and drinks (!) are included in the registration fee.

Café Mozart (Pettenkoflerstraße 2)

Café Mozart offers daily specials as well as unique menu choices in a casual setting. Its location between the Peace Church and Motel One make it a good lunch spot for Saturday.

Hofbräuhaus Festsaal (Platzl 9)

A trip to Munich is incomplete without a visit to one of its most famous tourist spots. You'll see why as we enjoy Bavarian specialties and entertainment in one of its unique dining areas.

L'Osteria am Lenbachplatz

The L'Osteria am Lenbachplatz is ideally located next to our Sunday meeting venue and offers pasta and pizza specialties, as well as other Italian menu items, in a unique setting.

Tour Descriptions:

Altstadt Walk and Talk

Discover Munich's Altstadt on a walking tour. Led by club members, this walk-and-talk covers the highlights such as the over-the-top Asamkirche, the beautiful Gothic Rathaus and Marienplatz, as well as some of Munich's lesser known treasures that only insiders can reveal.

Munich and the Third Reich

Delve into Munich's dark past and the birth of the Nazi ideology on a revealing walking tour. Led by a knowledgeable hired guide, discover the sites that provided backdrops to Adolf Hitler and his followers as they set about founding the Third Reich. The tour will take approximately two hours.

Lenbachhaus with Alex Koch

Combine one of Munich's favorite art galleries with one of the MIWC's favorite art guides. Lenbachhaus houses one of Munich's iconic collections, with treasures from the Blaue Reiter artists as well as contemporary masterpieces. Designed by Gabriel von Seidl for portraitist Franz von Lenbach, the building itself is an architectural wonder. The tour will take approximately two hours and is limited to 20 participants.

Presenters, Panelists and Speaker:

Saturday Presenters:

Sallie Chaballier	FAWCO President (AAWE Paris)
Hope Moore	FAWCO 2nd VP (Munich IWC)
Laurie Brooks	FAWCO 1st VP (AWC The Hague)
Suzanne Wheeler	The FAWCO Foundation President (AAWE Paris)
Tracey Moede	The FAWCO Foundation VP-Programs (AWC Hamburg)
Tricia Saur	The FAWCO Target Project Chair (AWC Düsseldorf)
Barbara Bühling	The FAWCO Foundation VP-Fundraising (AWC Cologne)

Sunday Panelists and Speaker:

"Steps Toward Health: Personal Journeys" panelists (moderated by Caroline Pekarek):

Monika Bock	Holistic Nutritionist Monika Bock puzzled out her own health symptoms. Her experience will open your eyes to the usual and unusual in our everyday choices. www.nourish-alo.com
Kirsten Kummert	Yoga Instructor Kirsten credits her practice with re-gaining her balance after a serious health scare. Her story is inspirational.
Marisa Werner	City Starlings blogger Marisa Werner spent years searching for a medical professional who could solve her health issues. She did what they couldn't do. www.citystarlings.com

"Less is More: De-Clutter For Health and Happiness" speaker Julie Leonard

Julie Leonard is a Life Coach, Aromatherapist, Decluttering Expert, Seminar Facilitator and Speaker with over 25 years of experience in Psychology, Health and Coaching. She is from Scotland and is currently based in Munich. Her passion is happiness and supporting women all over the world to transform themselves and their lives in order to live to their full potential and happiness.
<http://www.potentiacentre.com/>